**P.V. LEGS**

**Checklist 3-5**

|  |  |  |
| --- | --- | --- |
| **Element** | **Description** | **Check if you saw this.** |
| **Poise** | You were ready to talk. You seemed prepared |  |
| **Voice** | I could hear you very well. You spoke clearly.  “Loud and Proud!” |  |
| **Life** | The way you spoke made me want to listen. There was a lot of expression in your voice. |  |
| **Eye Contact** | You looked me in the eye at least once during your presentation. |  |
| **Gestures** | You used your hands and body language to help me understand what you were saying. |  |
| **Speed** | I could understand what you were saying because you spoke at a speed that was just right – not too slow, and not too fast. |  |

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